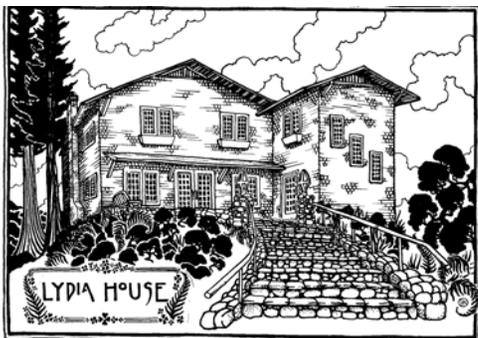


The Setting

Join us for a relaxing knitting getaway among the redwoods by the California coast!

This year's retreat will be the third held at St Dorothy's Rest, situated between the Russian River and Occidental in Camp Meeker, 1½ hours north of San Francisco.



We will be gathering in beautiful Lydia House, where students have the choice of a shared room or a limited number of private rooms. All rooms in these beautiful buildings exude simple Arts and Crafts charm and share clean, tidy baths. The meals are delicious, seasonal, and locally sourced.

During your free time, go on the birding hike, take a stroll in the woods, pop into Occidental, or just hang out and knit! Noteworthy nearby shops to visit before or after the retreat include **Balls & Skeins** in Sebastapol, **Cast Away** in Santa Rosa, **Knitterly** in Petaluma, and **Black Mountain Artisans** in Point Reyes Station.



The Teachers



Thea Gray loves sharing the joys of knitting. Thea started knitting 34 years ago, in third grade, and has barely stopped since—even flying 6,000 miles in a weekend to polish her couture techniques. She began teaching knitting several years ago and is known for bountiful patience.

Thea creates a warm, welcoming environment, in which I feel very comfortable asking for clarification or repetition. She's a great listener, and creatively adjusts her teaching style to the needs of her students, depending on their level of experience.

— *Jenny, designer*

Not only is Thea a patient and thorough teacher, she's enthusiastic and skilled in many different knitting techniques. She's helped me go beyond merely following patterns.

— *Rachella, freelance writer and editor*



Spinnity spins, birds, and knits in the SF Bay Area. She has a bad habit of combining hobbies “in the field,” which sometimes leads to muddy knitting projects and broken dpns. She blogs at <http://spinnity.blogspot.com>.



When **Bill Walker** isn't busy taking photographs, he might be found birding with Spinnity, knitting, or playing music. See his birding field notes and photographs at <http://birdwalker.com/>



Jeanine Mattson is the retreat's fun factotum and enotech extraordinaire. An amateur birder, Jeanine is the very kind soul who makes sure everyone at the retreat has what she or he needs.

Retreat Policies

Registration for the 2013 retreat is limited to 12. Places will be available on a first-come, first-serve basis and will be confirmed once full payment is received. A waiting list will be maintained once all spots are filled. Should a student be unable to attend the retreat and the cancellation is received by October 1, 2013, a full refund less a \$50 cancellation fee will be available. No refunds will be available after that date.



Knitting on the Coast

**2013 Knitting Retreat in
Camp Meeker, Calif**

**Friday to Monday
November 1 through 4, 2013**



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For more information, connect to:

www.theagray.com/knitting
knitOrama on Ravelry
thea@theagray.com
415-794-4527

2013 Retreat

Geared to advanced beginners and intermediate knitters, * **Knitting on the Coast** retreats teach a variety of techniques in relaxed, supportive settings.

This year's theme is *the examined knitting*. We'll look closely at the details large and small that go into knitting a good cardigan, practicing on a small sample to make a big impact. We'll get up close and personal with short-rows, conventionally used for three-dimensional shaping, to see how you can make sinuous flat curves. And we'll take three approaches to achieve the same end: adding beads to our knitting. All because, as we know, *the unexamined knitting is not worth working!*

We hope you'll join us this November for:



Stitch 'n bitches



Cardigan techniques



Turbulence Cowl



Short Wave Mitts, or



Mixed Wave Mitts



And beading beautifully!

The Schedule

Friday, November 1

2:30-4:30p **Pre-retreat kayak trip** (optional extra)

5:30p **St Dorothy's Rest Orientation**

6:00-7:00p **Dinner**

7:00-9:00p **STITCH 'N BITCH—SHOW-AND-TELL!**

Bring some projects to show your fellow knitters and projects you want help with.

Saturday, November 2

8:00-9:00a **Breakfast**

9:00-11:00a **CARDIGAN TECHNIQUES, Part 1.** We'll assemble our mini cardigan by joining the sides with mattress stitch, grafting the shoulders together, and sewing in the sleeves.

11:15a-12:15p **Zumba.** A fun optional extra to get you moving more than just your needles.

12:30-1:30p **Lunch**

2:00-5:00p **FUN SHORT-ROWS.** You'll knit your choice of one of Sybil Ramkin's stylish mitts or Laura Chau's Turbulence Cowl while you practice a technique that's also great for improving fit.

6:00-7:00p **Dinner**

7:00-9:00p **BEADING BEAUTIFULLY.** We'll design a beaded name tag, decorative pin, or bracelet and learn three ways to add beads to knitwear: prestitching, with a crochet hook, and sewing.

Sunday, November 3

8:00-9:00a **Breakfast**

9:30-noon **Birding hike**

12:30-1:30p **Lunch**

1:30-4:30p **CARDIGAN TECHNIQUES, Part II.** Having put your mini sweater together, we'll now cut the body apart (aka *steek* it!) before picking up stitches for button plackets. We'll also discuss blocking.

4:45-5:45p **Zumba!** (optional extra)

6:00-7:00p **Dinner**

7:00-9:00p **STITCH 'N BITCH—SWAP!** Work on your retreat or other projects and trade a skein or two with your fabulous fellow knitters.

9:00-10:00p **S'mores under the stars**

Monday, November 4

8:00-9:30a **Breakfast followed by group photo**

10:00a-noon **RETREAT UFOs.** We'll wrap up loose ends and revisit retreat topics you want to practice.

12:30-1:30p **Lunch and goodbyes**

Afterward **Optional field trip to a new local woolen mill**

Sign Up

The 2013 Knitting on the Coast retreat instruction and facilities fee is \$245, which includes all classes, and the birding hike, and beading materials. The fee for accommodations is \$285 or \$335, depending on room selected, and includes 3 nights' lodging and 9 meals, from dinner the first day through lunch on the last day. The optional pre-retreat kayak trip is an additional \$25 and Zumba classes are \$5 each; both can be paid for on-site by cash or check.

More info, including required patterns and materials, is at www.theagray.com/knitting/retreat_2013.html.

To sign up: send an email to thea@theagray.com hold a place and then, within a week, mail this completed form and a check to Thea Gray to 5371 Shafter Ave, Oakland, CA 94618.

Name _____

Address _____

City _____ State _____ ZIP _____

Phone (pref. mobile) _____

Email _____

Best efforts will be made to accommodate all lodging requests; if requests cannot be met, prices will be adjusted accordingly. Individuals who not specify a roommate will have one assigned.

Register me for the retreat: \$245

My accommodation preference is:

guest room with 1 other person

private room (*only 4 available*)

I require a wheelchair-accessible room.

I want to share a room with the following student:

Please make my meals vegetarian.

I have other dietary needs: _____

I would like more info about Friday's optional pre-retreat kayak trip.

I would like more info about Monday's optional woolen mill field trip.

Check number _____

for **TOTAL:** \$ _____

*At a minimum, all participants must know one cast-on, one bind-off, and how to knit and purl (and distinguish between the two by sight).